**Sports Activity Badge**

**Beavers Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

To earn your Sports Activity Badge please complete the following four activities:

1. **Take part in a sport or physical activity regularly for at least six weeks and record in the table below:**

|  |  |
| --- | --- |
|  | **What you did** |
| **Week 1** |  |
| **Week 2** |  |
| **Week 3** |  |
| **Week 4** |  |
| **Week 5** |  |
| **Week 6** |  |

1. **Take part in a match, competition or demonstration of that sport.**

|  |  |
| --- | --- |
| **Name of Event** |  |
| **Date of Event** |  |
| **What happened at the event** |  |

Once you have completed Items 1 and 2 speak to your Beavers Leader to agree a date for you to demonstrate the following to the Beavers Colony :

1. **Show your Lodge, Colony or an adult the skills you have learned.**
2. **Tell your Lodge, Colony or an adult about the rules of your sport.**

|  |  |
| --- | --- |
| **Date of demonstration** |  |
| **Signed by Beavers Leader** |  |

If you have completed all of the above, CONGRATULATIONS! You will now receive your badge 😊